



DR ESTHER GRUNAU, MD  
MEDICAL AESTHETICS

# Neuromodulator Treatment (Cosmetic & Therapeutic)

## BEFORE & AFTERCARE

Please wait for your skin to settle completely following any facial treatments (such as laser, microneedling, electrolysis) before your neuromodulator treatment.

**For 4-6 hours following your treatment:**

- Remain upright and do not bend over.
- Avoid vitamin E, aspirin (or other blood thinners) to minimize bruising

**For 24 hours following your treatment:**

- Do not rub or massage the treated area.
- Avoid heat such as sun/sunbathing, sun beds, hot yoga, sauna/steam
- Do not do strenuous exercise
- Do not drink Alcohol

**For 2 weeks following your treatment, do not have any of the following facial treatments on the area of your neuromodulator treatment:**

- Micro-dermabrasion or Microneedling
- Electrolysis
- Laser treatment
- semi-permanent/permanent makeup

Your treatment will start to take effect after several days, full effect takes 14 days. Please follow up 2 weeks after your treatment.

Notify us immediately if you notice an eyelid droop or signs of infection.